

Sri:

Sri Vaishnava Yajur Upakarma & Gayathri Japam - 2006

28-08-2007 - Tuesday Upakarma - 29-08-2007 - Wednesday - Gayathri Japam

Procedures Prepared and compiled by : Shri Sri Vaishnava Kendram - Deevalur N.V.Srinivasachari

Founder & Organizer of : www.ahobila.com

Preparations & Things required

Wherever you be in the world, use the early morning time (Brahma Muhurtham) to wake up on all days. Especially on this upakarma day wake early in the morning and take a simple bath. Do sandhya vandhanam. If you have the pavithram which is made up of two dharbhams and fresh poonals, keep them ready to use. There are four main steps to complete upakarma.



1. Nithya karma 2. Kamokarsheeth Japam 3. Kandarushi Tharpanam and 4. Vedharambam

1. Nithya Karma :- Nithya karma is nothing but doing the daily routines like, taking bath, sandhya vandhanam. for grahasthas. Dhanda dharanam, Mounji, Mekala, Ajina dharanam and samidhadhanam are additional in the case of a brahmachary.

2. Kamokaarsheeth Japam:- Kaamokaarsheeth or Gayathri Japam should be done after the Surya udhayam as per sastram. This step is not required for freshers who is going to do the upakarma first time. All others should do it as a 'prayachiththam' for not doing the 'Uthsarchana Karma' in the month of 'thai'. Upakarma is the starting step of adhyayanam and the Uthsarchanam is the ending step. We are skipping the ending step every year and hence we are doing the prayachiththam. We pray God to remove the 'Kama', 'Krotha' feeling from us, which lead us to do the 'adharma karmas'. If you have plenty of time do more count of this japam do as much as you can. Do not use dharbha pieces to count. Counting should be done only by using the lines in your fingers. If you have 3 sets of poonal use one before Kamokarshith one at Kandarushi tharpanam and one at Gayathri Japam. If you have only two sets of poonals, skip the first one. After completion of the Kamokarsheeth Japam, if possible, go to a river or pond to take a real snanam . Because using taps or even well to take bath is not permitted as per sastram. Because the whole body should be drown in the water.

3. Kaandarushi Tharpanam:- This step should be further divided into two : a) Rushi Tharpanam b) Pithru tharpanam (This pithru tharpanam procedures are not given in the prayoga sastrams, these are later additions) Usually the second step is skipped by persons who are having father alive. But really there is no meaning of skipping this. This tharpanam is not meant for our direct pithrus of immediate three generations. Because the vasu, rudhra, aadhithya words are not used here, but usually used every where to represent the direct pithrus. The manthram used in this tharpanam is saying "pithru ganaas", "pithru ganapathnees" etc. Wear a new poonal before doing kaandarushi tharpanam. It will be in the sankalpam.

4. Vedharambam :- This is the final step. Every year we are starting to chant the vedham on this day and forgetting it that day itself. So, again and again every year we are chanting only the four vaakyams. We should use this day to get asirvadam of our elders. In our house children will do namaskaram to us everyday as a practice which is a good practice. You should do namaskaram to your elders atleast on this auspicious day. Do not hesitate to get my help on any matter related to vaideekam and rituals. Keep the below list of things ready to do the upakarma. See the above picture for required things.

Achamanam:

Where ever you found the word **achamanam**. Do it using this help. Try to bring it in practice asap. Take a tumbler of water, keep it in the left hand, see the below picture(s) and do as it shows.



Drop a little water in the right hand, say manthram, eat it.
Do repeat the same action three times for the three manthrams.

1. Oum Achudhaya Namaha
2. Oum Anandhaya Namaha
3. Oum Govindhaya Namaha

Wipe the lips, wash the fingers, do the rest.

Touch places shown and tell the corresponding Bhagavan Naama

Kesavaya Namaha



Narayanaya Namaha



Madhavaya Namaha



Govindhya Namaha



Vishnave Namaha



Madhusudhanaya Namaha



Thrivikramaya Namaha



Vaamanaya Namaha



Sridharaya Namaha



Rushikesaya Namaha



Padmanabhaya Namaha



Dhamodaraya Namaha



Note:- This Achamanam should be done twice at the starting of any vaideeka karma.

PRAANAAYAAMAM

Sit towards east, take two short dharbhams, put it under folded legs. (Fig. 1) . Insert the pavithram in the ring finger (fig-2). Shut the right nose using right thumb (fig-3). Fold index and middle fingers towards inside and shut the left nose with ring finger and little finger as shown in fig.4.



Fig-1



Fig-2



Fig-3



Fig-4

Tightly close the mouth also and start telling the below manthram inwardly (manadhirkul).

Oum bhoohu; Oum bhuvaha; O(g)um suvaha; Oum mahaha; Oum janaha; Oum thapaha; O(g)um sathyam;
Oum thathavidhurvaraenyam bhargo devasya dheemahi dhiyoyonah prachodhayaadh; Oum aapaha;
jyothirasaha; amrudham brahma; bhoorbhuvasuvaroum.

Actually the above manthram should be repeated thrice for one praanaayaamam. But usually telling it one time only which is wrong.

MANTHRAM BEGINS FOR VADA KALAI



Oum asmath gurubhyo namaha.
Sriman venkata natharyaha Kavithrkika kesari
Vedanthacharya varyome; Sannidhatham sadhahrudhi.
Gurubhyaha - thath gurubhyascha namovakham adhimahē
Vruneemahecha thathradhyauv dhampathi jagadhampathi
Swasesha bhoothena maya sveeyai:(hi) sarva parichathai:(hi)
Vidhathum preetham aathmaanam deva:(ha) prakramadhe swayam.

Thenkali Begin & Vadakalai continue

Suklambharadharam vishnum sasivarnam chathur bhujam
Prasanna vadhanam dhyayedh sarva vigna upasaanthaye.
Yasyadhvratha vakrathyaha paarishathyaaha parassadham
Vignam nignandhi sadhadham vishvaksemam tham aasraye.



Hari:(hi) Oum Thath(u).

Sri Govindha Govindhagovindha
Asya sri bhagavadha:(ha) Maha purushasya Sri Vishno:(ho) agnaya
pravarthamanasya adhya brahmana:(ha) dvidhiya parardhe sri
swedhavaraha kalpe vaivasvatha manvanthare kaliyuge prathame
pathe ***Jambhudweepe Bharadha varshe bhadrakhande**
Sakaapthe **meroho dhakshine paarswe** asmin varthamane
vyavaharika Prabhavaadhi shasti samvathsaraanaam madhye

Sankalpam for 28-08-07:

Sarvajith Naama samvathsare - dhakshinayane - **Greeshma** routhow
- **Kadaka** mase - sukla pakshe - pownamasayam subha thithow -
vaasaraha - **Bowma** vasara yukthayam - **sravishta** nakshathra
yukthayam - sri vishnu yoga - sri vishnu karana - subha yoga - subha
karana - yevanguna - viseshena - visishtayam - asyam -
pownamasyam - subha thithow

Yagnopaveetha dharana sankalpam :

Vadakalai start as : Sri bhagavadhagnaya Sriman Narayana
preethyartham

Thenkalai start as : Sri bhagavadhagnaya bhagavath kinkarya
roopam (Use this convention in all the places)

Both kalai continue : *Chrowdha smartha vidhi vihitha nithya karma
anushtana yogyadha sidhyartham brahma thejaha abhiviruthiyartham
yagnopaveetha dharanam karishye!

(This is called sankalpam, after this leave the short dharbhams on
your left side i.e in north)

Touch your fore head and tell :- 'Yagnopaveetha dharana
manthrasya brahma rushi:(hi)'

Touch your nose tip and tell :- 'Anushtup chandha:(ha)'

Touch your chest and tell :- 'Thrayee vidhya devadha'

Turn both the hands towards in and tell :- 'Yagnopaveetha dharane
viniyoga:(ha)'

(Hold the 'poonal' as shown in the picture and tell:- 'Yagnopaveetham
- paramam - pavithram - prajapathe:(he) - yathsahajam - purasthathu
- aayushyam - agryam - prathimunjashubram - yagnopaveetham -
bhalamasthu - theja:(ha).

Now brahmacharies can wait for a while when grahasthas are wearing
the second poonal.

Grahasthas remove and put your pavithram in the right ear and do

Note: - Then kaliyar are not using the 'sriman' text. So it is only for Vadakalai, The next step of manthram is common for both Then kalai and Vadakalai

(Sankalpam change for USA :)
*prathame pathe " a s m a t h u B h a r a d h a s y a P a s c h i m a s t h e k r o u n c h a d w e e p e u t h t h a r a K a n d e " Asmin vardhamane for all other places just leave the ittalized red coloured text and continue to tell the remaining text.



Note:- insert the poonal into the head and insert your right hand also into the poonal and takeout your left hand, so that the poonal will rest on your left shoulder and will hang between the right side of the hip and right hand. Now check the face(s) of the nandhi in the poonal(s) is(are) looking towards your face when the knot(s) is(are) kept at your left chest.

*instead of 'Chrowdha ... abhiviruthiyartham' say "grahastha asramartham dvidheeya yagnopaveetha dharanam karishye!" for second poonal.





one achamanam and a praanayamam as instructed before. Start from Yagnopaveetha dharana sankalpam as per previous page and just see the change in sankalpam for gruhasthas second poonal. Sri bhagavadhagnaya tham grahastha asramartham dvidheeya yagnopaveetha dharanam karishye! (given in the previous page itself) To wear the second poonal use the remaining same steps for the first poonal.

Now brahmacharies and grahasthas should remove the old poonal by saying :

"Upaveetham - binnadhanthum - jeernam - kasmaladhooshitham - visrujami - jalebrahmannu - varcha:(ha) - dheerghayu:(hu) - asthume!"

Now put your pavithram in the right ear and do one achamanam.

Kamokaarsheeth Japam

Now go through the sankalpam for Kamokaarsheeth japam:-

Sri bhagavadhagnaya sriman narayana preethartham or bhagavath kainkaryam "thaishyam - powrnasasyam - adhyaya - udhsarjana - akarana - prayachithartham - Ashtothra Sahasra (for 1008 times) / Ashtothra sadha (for 108 times) - sankyaya - 'Kamokaarsheeth - manyura kaarsheeth' - idhi - manthra - japam - karishye!

Do tell this manthram "Kamokaarsheeth Manyurakaarsheeth" repeatedly for 1008 times or 108 times whichever is your option of sankalpam.

At the end of the japam, stand up and say : "Kamokaarsheeth Manyurakaarsheeth Namonama:(ha)" and do namaskaram one time only if you are thenkalai and four times if you are vadakalai. Do abhivadhi.

If you are going to a common place for 'Kaandarushi tharpanam' do not forget to take poonal, ell, akshathai etc. with you. If you have two more pavithram (one for one for 'kandarushi tharpanam' and other for 'Gayathri') you can now remove the pavithram and untie the knot and throw it (otherwise keep it safe).

Do achamanam twice with the previous instructions.

Kaandarushi Tharpanam

'Kaandarushi tharpanam' is the main part of upakarma. Actually this should be done taking a bath in a pool (kulam) or lake or river after the below sankalpam. Some people will do 'snana maha sankalpam' also. This function has been done collectively in a common place in olden days. This should be done after 12 noon taking bath and madhyaniham with dry cloths. The second snanam after sankalpam also instructed as per "Kandapooshanam". Also the sankalpam for kaandarushi tharpanam in that book is very very simple. i.e:- "Sravanyam Powrnasasyam Adhyaya Upakarma Karishye". But some vadhyaars are giving a long sankalpam as here under.

If possible go to the starting page again do from achamanam, wear pavithram, do pranayamam, start vadakalai, join thenkalai, middle sankalpam and that day sankalpam as did in the morning. But the main sankalpam for 'Kaandarushi tharpanam' begins here:

"Sri bhagavadhagnaya - sriman narayana preethartham - or

Note: You can use the given procedure upto this part whenever you want to change the old poonal with a new one. Use our website to find the ayanam, rudhu, month, star, thithi at www.ahobilam.com/tamil/panjangam/

Do not use the bit of dharbhams for counting. Use only the lines in the fingers to count. Do not talk with anybody for any reason while doing any japam.

Abhivadhi for 20 familiar gothrams are published at <http://www.ahobilam.com/manthrams/anushthanam/abhivadhi-list.asp>



bhagavath kinkaryam - Sri ranga kshethre - Sriranga nayika samedha Sriranganatha swami sannithow - Sri Alarmel manga nayika sametha Sri Srinivasa swami sannithow - Sri Perundevi nayika samedha Sri Devadhiraja swami sannithow - Sravanyam - powrnasyam - adhyaya - upakarma - karishye. Thadhangam - Kaveri snanamaham - karishye. Thadhangam - Yagnopaveetha - dharanam - karishye. Thadhangam Kaandarushi tharpanam karishye.”

Brahmacharies can say ‘Thadhangam - mounji - ajina - dhanda - dharananicha - karishye.”

Brahmacharies wear Mounji, Ajina, Dhandam s with manthram:

If you have short dharbhams as ‘idukuppil’ in your right hand leave it to your left side.

To do tharpanam choose a right place to pour plenty of water. Make ready ‘Akshathai’, ‘Ell’ and plenty of water. Do tharpanam as described here. Please understand the postures or mudhra for the corresponding tharpanam. There are only four postures to do tharpanams : 1. Deva Deertham 2. Pithru Deertham 3. Braham Deertham 4. Rushi Deertham 1. The deertham which flows to go out through the finger tips 2. Allowing the water to go between index and thumb fingers 3. Raising the fore hand to allow the water to drain down towards the wrist and then elbow. 4. Straight opposite to (2) Pihru deertham, i.e. to let the water to flow under the little finger of both the hands. See pictures to confirm.

Note:- Each & every tharpanam should be done thrice.

Rushi Tharpanam

(Bring the Poonal to ‘niveethi’ position as a garland & take akshathai)

1. Prajapathim Kandarushim tharpayami
2. Somam Kandarushim tharpayami
3. Agnim Kandarushim tharpayami
4. Viswandeavan Kandarushim tharpayami
5. Sahumhideepya:(ha) Devadha:(ha) Upanishadha:(ha) tharpayami
6. Yangigheepya:(ha) Devadha:(ha) Upanishadha:(ha) tharpayami
7. Vaaruneeepya:(ha) Devadha:(ha) Upanishadha:(ha) tharpayami



Rushi Deertham

Brahma Tharpanam

8. Brahmanam swayambhuvam tharpayami



Brahma Deertham

Deva Tharpanam

9. Sadhasaspathim tharpayami

(The remaining are not given in the prayoga sastra)

10. Rig vedham tharpayami
11. Yajur vedham tharpayami
12. Sama vedham tharpayami
13. Atharva vedham tharpayami
14. Idhikasam tharpayami
15. Puranam tharpayami
16. Kalpam tharpayami



Deva Deertham

Here after tharpanam for persons who are not having father (father not alive).

(Taking a full bath in a ‘river / lake / pond will be meaningful for the sankalpam we did as “kaaveri snanamaham k a r i s h y e ” . Brahmacharies should wear the Maanthol, Dhandam, Mounji using the manthrams placed at our website <http://www.ahobilam.com/upakarma/dhandam.htm>)

Pithru Tharpanam



(Bring the Poonal to 'Pracheena veethi' - opposite to usual and use 'Eil' with akshathai)

Note:- Each & every tharpanam should be done thrice.

17. Soma pithruman - yama:(ha) - angeeraswan - agni:(hi) - Kavyavahanadhya:(ha) - Yepithara:(ha) than pithrun tharpayami.

18. Sarvan pithrun - tharpayami

19. Sarva pithru gana:(ha) tharpayami

20. Sarvan pithru pathni:(hi)- tharpayami

21. Sarva pithru gana pathni:(hi) tharpayami

22. Oorjam vahanthee:(hi) - Amrutham - grutham paya:(ha) - keelalam - parisrutham - swasthastha - tharpayathame - rushi - pithruun. Thrupyatha - thrupyatha - thrupyatha.

Kaandarushi tharpanam over! Next Vedha Aarambham. If you are doing it in your house, keep the pavithram in your right ear and do achamanam. If you are doing it in the bank of a river or a lake untie the pavithram and do achamanam twice.



VEDHA - AARAMBHAM

Sit in a clean place towards east. Chant the below manthrams.

"Hri: oum - Agnimeele purohitham - yagnasya - dhevamruvijamm- hothaaaram - rathnadhathamam - hari: oum"

"Hari: Oum - Yishethvaaa - oorjethvaaa- vayavastha - upayavastha - dhevovaha - prarpayathu - sreshtathamaya - karmane - hari: oum"

"Hari: Oum - Agnaayhi - veedhayeeaaa- grunana:(ha) - havyadhathayeeaa - nihotha - sathsi bharhishi - hari: oum"

"Hari: Oum - Sannodhevi: - abhishtayeeaa - aapobhavanthu - peethayeeaaa - saymyo:(ho) - abhisravanthuna: (ha) - hari: oum"

If anybody still wearing the pavithram, remove and untie it and throw it. All should do achamanam twice.

Vadakalai only should say :- "Bhagavaneva swasesha bhoothamidham upakarmakyam karma swasmai swapreethaye bhagavan swayameva kaarithavaan"

All should tell : - "Kaayena vaacha - manase - indhriyarvaa - bhudhya - athmanaava - prahrudhe:(he) - swabhavaadh - karomi - yathyadh - sakalam - parasmai - sriman naarayanayethi - samarpayami"

"Sarvam Sri Krishnarpanam asthu. Achydhya preeyatham".

* * * * *

Ending procedures :- Wherever you be in the world, there will be some elders with you or in the next apartment or in next house. Call them and do sashtanga namsakaram to get their asirvadhams. If you did the upakarma in a common place and returnin to house, ask the ladies to take harathi. First you go to the perumal (pooja) room and do namaskaram to permal and the do namaskaram to periyavals (elders). If possible call relatives and friends to your house and take food with them. Enjoy this day. Do not forget to do Gayathri Japam mostly next day to Upakarma.

Note:- I have not used much colors, to avoid print out problems. If you feel it is worth to send an apriciation or thanks you can send it to nvs@ahobilam.com for which I am sitting here with much expectations.

Best regards, Asirvadhams,

Website Organizer and founder www.ahobilam.com

Deevalur N.V.Srinivasa Dasan

[Beginning vedha adhyayanam for this year. Adhyayanam means learning and keeping it in practice. Actually, a homam will be performed if it is done collectively in a common place arranged by a bruhaspathi. Otherwise the four starting sentences four vedhams should be chanted. We hope for the technology will improve quickly to do it collectively under our website through Live webcam service next year. Now it is very costly.]

[Note:- There may be a lot of spelling mistakes even after cheking. Kindly ignore it.]



GAYATHRI JAPAM



Oum asmath gurubhyo namaha.
 Sriman venkata natharyaha Kavithrkika kesari
 Vedanthacharya varyome; Sannidhatham sadhahrudhi.
 Gurubhyaha - thath gurubhyascha namovakham adhimahe
 Vruneemahecha thathradhyauv dhampathi jagadhampathi
 Swasesha bhoothena maya sveeyai:(hi) sarva parichathai:(hi)
 Vidhathum preetham aathmaanam deva:(ha) prakramadhe swayam.

Thenkali Begin & Vadakalai continue

Suklambharadharam vishnum sasivarnam chathur bhujam
 Prasanna vadhanam dhyayedh sarva vigna upasaanthaye.
 Yasyadhvratha vakrathyaha paarishathyaaha parassadham
 Vignam nignandhi sadhadham vishvaksemam tham aasraye.



Hari:(hi) Oum Thath(u).

Sri Govindha Govindhagovindha
 Asya sri bhagavadha:(ha) Maha purushasya Sri Vishno:(ho) agnaya
 pravarthamanasya adhya brahmana:(ha) dvidhiya parardhe sri
 swedhavaraha kalpe vaivasvatha manvanthare kaliyuge prathame
 pathe **Jambhudweepe Bharadha varshe bhadrakhande*
 Sakaapthe *meroho dhakshine paarswe* asmin varthamane
 vyavaharike Prabhavaadhi shasti samvathsaraanaam madhye

Sankalpam for 29-08-07:

Sarvajith Naama samvathsare - dhakshinayane - **Greeshma** ruthow
 - **Kadaka** mase - Krishna pakshe - prathamaayaam subha thithow -
 vaasaraha - **Sowmya** vasara yukthayam - **sathabhishak** nakshathra
 yukthayam - sri vishnu yoga - sri vishnu karana - subha yoga - subha
 karana - yevanguna - viseshena - visishtayam - asyam -
 prathamaayaam - subha thithow

Gayathri Japa Sankalpam :

Vadakalai start as : Sri bhagavadhagnaya Sriman Narayana
 preethyartham

Thenkalai start as : Sri bhagavadhagnaya bhagavath kankarya
 roopam (Use this convention in all the places)

Both kalai continue : mithyaadheetha prayaschithartham
 samvathsara praayaschithartham Ashtothra sadha sankyaya (Or
 Ashtothra Sahasra sankyaya - for 1008 times) gaayathri maha
 manthra japam karishye!

Note:- (This is called sankalpam, after this leave the short dharbhams
 on your left side i.e in north)

Rushi -



Touch your fore head wherever you find the word 'Rushi'
 Touch your nose wherever you find the word :- 'chandha:(ha)'
 Touch your chest wherever you find the word :- 'devadha'

Chandas -



Turn both the hands towards in when you find the term :- '
 viniyoga:(ha)' See the pictures in the left panel

Devadha-



(Rushi) Pranavasya rushi brahma;
 (Chandha:) Devi gayathri chandha:;
 (Devatha) Paramaathma sriman naarayano devadha;
 (Rushi) Bhooraathi saptha vyahrutheenam - adhri, bruhu, kuthsa,
 vasishta, gowthama, kaschyapa, angirasa rushaya
 (Chandha:) Gayathri, ushnig, anushtup, bruhathi, pankthi, thrishtup,
 jagathya: chandhagumsi;
 (Dhevadha) Agni, vaayu, arka, vaagheesa, varuna, indhra,
 viswedevaha devadha
 (Rushi) Saavithriya rushi: viswamithra:

Note: - Then kalaiyar
 are not using the
 'sriman' text. So it is
 only for Vadakalai,
 The next step of
 manthram is
 common for both
 Then kalai and
 Vadakalai

(Sankalpam change
 for USA :)

*prathame pathe
 " a s m a t h u
 B h a r a d h a s y a
 P a s c h i m a s t h e
 k r o u n c h a d w e e p e
 u t h t h a r a K a n d e"
 Asmin vardhamane
 for all other
 places just leave the
 ittalized red
 coloured text and
 continue to tell the
 remaining text.

(Chandha:) Devi gayathri chandha:
(Devatha) Savidha devatha
(Rushi) Gayathri sirasa: brahma rushi:
(Chandha:) Anushtup chandha:
(Devatha) Paramaathmaa Sriman naaraayano devatha
(Viniyoga:) Sarveshaam praanaayame viniyoga:

Do Praanaayamams three times. See the previous pages for details.

(Rushi) Aayaadhithi anuvaakasya vaamadeva rushi:
(Chandha:) Anushtup Chandha:
(Devatha) Gayathri devadha
(Viniyoga:) Gaayathri aavaahane viniyoga:

Keep hands doing namaskaaram (Kai koopikkondu) and tel.

“Aayaadhu varadha devi aksharam brahma sammidham, gaayathreem chandhasam maadha idham brahma jushasvana: ojosi, sahosi, bhalamasi, braajosi, devaanaam dhaama naamasi, viswamsi, visvayu: sarvamasi, sarvaayu: abhibhoorom gaayathreem aavaahayaami, saavithreem aavaahayami, sarasvatheem aavaahayaami”

(Rushi) Saavithriya rushi: viswamithra:
(Chandha:) Devi gaayathri chandha:
(Devadha) Savitha devadha

Chankachakra dharam devam kireetaathi vibhushidham
Suryamandala madhyastham dhyayeth swarna ruchim harim;
Yodeva: savithasmaakam dhyodharmaadhi gochara:
prerayeth thasya yathparkaha: thathvareannyam upaasmahe.

Do gaayathri japam 108 times or 1008 times as per your option selected previously.
After the completion of the japam - do praanaayamam.
sankalpam:- Sri bhagavadhagnaya tham gaayathri udhvaasanam karishye!

(Rushi) Uththam idhi anuvaakasya vaamadeva rushi:
(Chandha:) Anushtup chandha:
(Devadha) Gaayathri devadha
(Viniyoga:) Gaayathri udhvaasane viniyoga:

“Uththame shikare devi bhoomyaam parvatha moorthani, brahmanebhya: hyanujgnanam gachcha devi yathashukham.”

Pranamyam (do shashtaanga namaskaaram)
Abhivadhya (do abhivaadhi).
Pavithram visrasya (remove and untie the pavithram)
Aachamyam (do aachamanam)
Keep doing namaskaram by hands and tel :
“Kaayena vaacha manese indhriyairva, bhudhya, athmanaava,
prahrute: subhavaadhu, karomi yathyathu, sakhalam parasmai
sriman naarayanyethi samarpayami.”
Sarvam Sri Krishnaarpanamasthu.



Do namaskaaram to perumal at pooja room.
Do namaskaram to all elders.

Take food. Be blessed by all devatha. Be happy throughout the year!
Do not forget to visit our website often. Remember it serves FREE for you. Send your questions, get replied. Spred it over.
regards,
NVS